



HIV/AIDS Training Program for Physicians

Presented by:

Infectious Diseases Institute (IDI) on the campus of
Makerere University, Kampala, Uganda

Sponsored by:

United States Department of Defense HIV/AIDS Prevention Program
(DHAPP)

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TRAINING PROGRAM

1.1 Introduction

Congratulations! You have been selected to attend the 4-week *HIV/AIDS Training Program for Physicians*. The course will be conducted at the Infectious Diseases Institute (IDI), located on the campus of Makerere University in Kampala, Uganda. The IDI is a treatment clinic that provides state-of-the-art training for medical practitioners who work with HIV/AIDS patients.

The primary goals of this training program are to:

1. Review the latest HIV/AIDS diagnostic and treatment approaches.
2. Discuss major issues concerning comprehensive HIV/AIDS care.
3. Discuss military-specific issues related to HIV/AIDS care.
4. Enhance the clinical skills of practitioners dealing with patients who are infected with HIV and associated illnesses.

These goals will be accomplished through featured expert speakers on a range of HIV/AIDS topics, interactive assignments, and practical demonstrations. The lectures will be presented by faculty from Makerere University as well as one international trainer from the Infectious Diseases Society of America. The method of instruction will include a combination of lectures, case discussions, journal clubs, and clinical experience. Lectures will be delivered in a classroom setting to the group as a whole, followed by inpatient and outpatient clinical sessions that will include bedside teaching rounds, an overview of systematic HIV/AIDS patient care and management, and exposure to community-based HIV/AIDS care and prevention programs.

1.2 Prerequisites

Training program attendees must be physicians actively involved in the clinical care of HIV-infected patients and in a position to train others upon their return. The course is aimed at training team leaders in antiretroviral therapy (ART) who will be able to lead and supervise the roll out of ART in their respective country.

Because this course is taught in the English language, all trainees should have a good command of written and spoken English.

1.3 Venue

The training program will be held at IDI at the Mulago Hospital complex, which is part of Makerere University, Uganda. This state-of-the-art medical facility has the capacity to treat up to 300 HIV/AIDS patients daily, and is one of the largest treatment centers in East Africa. Since its opening in 2004, IDI has conducted training programs to enhance the HIV/AIDS treatment skills of physicians and nurses from 10 Sub-Saharan African countries.

1.4 Dress Code

The dress code for the training program will be business casual (for example, open-collar shirts, pants, and comfortable shoes). October is part of the rainy season in Kampala, so bring attire appropriate for potential heavy rains. Average temperatures at that time of year range from 21-23°C (70-73°F) with humidity around 75%.

1.5 Training Course Hours and Meals

Training course hours will be from approximately 0800 to 1700 Monday through Friday each week, with breaks and lunch provided. Instructors may modify the meeting hours for specific sessions and will notify participants accordingly. Participants are asked to attend all sessions and to be prompt in reporting to the rooms in which the lectures and practical experience sessions will be conducted.

1.6 About the Course

The physicians' course lasts **four weeks**. Topics include:

- Basic HIV biology
- Immunology
- HIV epidemiology
- Clinical manifestations of HIV/AIDS
- ART
- Drug resistance
- Palliative care
- Psychological and spiritual support
- Computer skills
- Pediatric, obstetrical, and gynecological aspects of HIV
- Laboratory principles

Additionally, trainees will attend rounds at Mulago Hospital, outpatient clinics, and at the IDI, as well as other partners within Kampala.

Note: All physicians are requested to present one clinical case from their own practice. It will be important to bring along all data necessary for such a presentation. This case will be presented by the trainee and discussed in class as a lesson in clinical management.

Trainees should bring a clinic uniform for ward rounds and clinical practice.

The course assessment will include:

- Pretest
- Preclinical exams
- Posttest
- Clinical case presentation
- Project work in groups

A pass mark of at least 50% is required for successful completion of the course.

A finalized agenda will be distributed on the first day of the course.

GENERAL INFORMATION

2.1 Point of Contact

For specific information about points of contact for this course, please email DHAPP's Events Coordinator at dhappevents@nhrc.navy.mil.

2.2 Visas

PARTICIPANTS ARE RESPONSIBLE FOR SUBMITTING VISA APPLICATIONS AND OBTAINING PASSPORTS. Passports valid past the date of expected departure from Uganda are required by participants traveling from other countries. Visas are required by all participants, except citizens of Angola, Antigua, Barbuda, the Bahamas, Barbados, Belize, Burundi, Comoros, Cyprus, Eritrea, Fiji, Gambia, Ghana, Grenada, the Grenadines, Jamaica, Kenya, Lesotho, Madagascar, Malawi, Malta, Mauritius, Rwanda, St. Vincent, Seychelles, Sierra Leone, Singapore, Solomon Islands, Swaziland, Tanzania, Tonga, Vanuatu, Zambia, and Zimbabwe. Because these requirements are subject to change, if you are a citizen of one of these countries, you may wish to verify with your embassy that a visa is not required

2.3 Health Certificates

An international certificate of yellow fever vaccination within the previous 10 years is required for travel to Uganda. International visitors are strongly advised to take malaria prophylactic drugs prior to their departure and upon return to their countries.

2.4 Airline Information

Some of the attendees for the 4-week training course will be traveling to Uganda on commercial airlines and will be arriving at Entebbe International Airport, which is located approximately 40 km southwest of Kampala. The following airlines fly into Entebbe International Airport, with Kenya Airways having the most regularly scheduled flights:

Air Tanzania (TC)	Kenya Airways (KQ)
Alliance Express (Y2)	Regional Air (QP)
British Airways (BA)	Sabena Airlines (SN)
Egypt Air (MS)	South African Airways (SAA)
Emirates (EK)	TMK (QC)

2.5 Ground Transportation and Accommodations

Transportation will be provided to and from Entebbe International Airport for trainees arriving in Uganda by commercial airlines. A driver from the US Embassy or the Uganda People's Defense Force will meet course participants as they leave baggage claim at the airport. The driver will then take you to your designated lodging location.

Participants are advised to exchange a minimum of \$50.00 USD at the airport. If you wish to use a mobile phone, you can purchase a subscriber identity module (SIM) card at the airport entrance for 20,000 Uganda shilling (UGX).

Please see section 2.1 for contact information should an incoming flight be delayed or if there are any other problems or changes that will create ground transportation issues. Participants will be responsible for their own transportation for non-training-related events, such as sightseeing on the weekends.

Although overnight lodging costs will be covered by IDI for the duration of the training course, all other expenses incurred at the lodging facility (e.g., room service, video rentals, laundry/dry cleaning service) will be at the trainee's own expense. Students will receive a stipend at the beginning of the training course to cover meal and incidental expenses (e.g., laundry/dry cleaning, local and long distance telephone calls) for the duration of the course. The stipend provided is \$25.00 USD per day. **No additional per diem will be provided by IDI.**

2.6 Tipping

Although tipping (giving gratuities) is not standard practice at local hotels and restaurants in Uganda, tips will nevertheless be appreciated by service providers, such as waiters and waitresses, housekeepers, and shuttle bus and taxi drivers. It is normal to tip 5-10% at tourist-oriented restaurants. When going on tours or other excursions, guides and drivers should always be tipped.

2.7 Electricity/Water

Uganda uses 220 volt, 50 Hertz electricity. Water is untreated, and drinking bottled water is strongly recommended.

2.8 Currency Exchange

As of July 20, 2005, \$1 USD was equivalent to 1746.76 UGX. Course attendees are advised to check the UGX currency exchange rate for other countries' currencies at the following Web site: <http://www.greenwichmeantime.com/time-zone/africa/uganda/currency.htm>

2.9 Telephone Services

IDI will **not** pay for any local, long distance, or international telephone calls. For that reason, expenses for all telephone calls will be the responsibility of the training course attendees. Similarly, any Internet services or computer access for e-mail will be at the training course attendee's own expense. Uganda uses the North American RJ11 phone jack; however, modem ports may not be available. There is an Internet café in Kampala, in the commercial plaza across from the Railway Station on Kampala Road. The country code is 256, and the Kampala city code is 41. There are pay phones located throughout Kampala.

Those bringing mobile phones can access SIM cards with prepaid services. The basic SIM card package is 20.000 UGX.

2.10 Medical Services

Participants in the training course will be provided with limited medical and travel insurance coverage during the training period. Details concerning the limits and benefits of this insurance will be provided upon registration. **All other medical insurance and uncovered medical expenses must be paid at the attendee's expense.** The following are some of the hospitals in Kampala:

Mulago Hospital, Tel: +256-41-554-001

International Hospital Kampala, Tel: +256-41-340-531

Old Kampala Hospital, Tel: +256-41-230-134

2.11 Sites of Interest

During your stay in Kampala, you will have one weekend on your own. There are some interesting sites in the city that you may want to see. The **Uganda Museum** is located in Kampala, and has exhibits of traditional culture, archeology, history, science, and natural history (Tel: +256-41-244-060). The **Kasubi Tombs**, a royal palace and burial site, are on Kasubi Hill. You will need a guide or map to get you to this site. The **Uganda Wildlife Authority Office**, located just northeast of the city's center, makes bookings to see the gorillas in outlying **Bwindi National Park**, for boat trips in **Queen Elizabeth National Park**, and excursions to other locations featuring Uganda's wildlife (Tel: +256-41-346-287). They can give you more information on other places of interest.